

STEP UP

TAKE ACTION GET INVOLVED



4th Annual 5K Walk to Benefit Turning Points Network

Saturday, May 8, 10:00 a.m.
starting at Claremont Middle School

Details

Register: the morning of the walk or call for pre-registration

Pre-Walk Rally: at 9:45

Post-Walk Celebration: with great food and raffles

Make Checks Payable To: Turning Points Network or TPN

For More Info: call 543-0155 or go to www.free-to-soar.org

Fundraising

Go to www.free-to-soar.org and click on the Walk icon to set up your personalized on-line fundraising page.

Walk With Us

Join with hundreds of your neighbors and friends to show support for survivors of domestic violence, sexual assault and stalking. Walk as an individual or gather friends, family, co-workers, or members of your faith community or workplace and walk together! Help us continue 24-hour services and safety and healing for all.

Take *The Power Of Ten Team Challenge!*



Form a team with at least 10 people.

Then ask each team member to ask 10 people for 10 dollars.

Your team will reach a \$1,000 goal.

Don't stop there! Teams of any size are welcome, and every dollar raised will help survivors right here in Sullivan County.

Turning Points must fundraise \$90,000.00 by the end of June to assure we are available to every survivor who needs us, whenever s/he can safely reach out for services. Our fundraising needs are great because survivors' needs are great. Your support, pooled with the support of additional community friends, means we can continue to provide healing, hope and safety.

What Your Dollars Can Do

- **\$10** buys a gas card for a family in the shelter
- **\$25** purchases court advocacy for a survivor to obtain a restraining order
- **\$50** purchases paper products for the shelter for one month
- **\$75** helps with the cost of pagers for on-call volunteers and staff for one month
- **\$130** sponsors a survivor to attend an 8-week support group
- **\$250** pays for materials for 10 prevention education programs
- **\$400** shelters a family for one week
- **\$1000** pays for the 24-hour crisis and support line for 3 months

(over)

Other Ways You Can Help

SPONSOR

*Make Steppin' Up To End Violence possible. Your business, organization, faith community or club could be a sponsor of this amazing event. Get great publicity in event materials and take a stand against violence in your community.

DONATE

*Contribute an item or service for our raffle!
*Donate food, beverages or other supplies for pre and post-Walk celebrations.

VOLUNTEER

*Spread the word about the event by telling your family, friends and co-workers.
*Put up posters around the community.
*Volunteer the day of the event.

Who We Are

TPN provides 24-hour crisis intervention and support services for survivors of domestic violence, sexual violence and stalking, as well as innovative community education programs.

Support Services Include:

- *Peer Counseling & Support Groups
- *Emergency Shelter
- *Court Advocacy
- *Safety Planning
- *Information and Referral Services
- *Child Advocacy Program
- *Accompaniment to Hospital, Police & Social Service Agencies

Education Programs Include:

- *Awareness & Prevention Programs for students in pre-school through grade 12
- *Training for School Staff and Administration
- *Community Education Programs for Service Providers, Community Groups and Organizations, Businesses and Faith Communities
- *Training for Police, EMT's and Other First Responders

TPN provides services to all of Sullivan County:

Acworth	Goshen	Plainfield
Charlestown	Grantham	Springfield
Claremont	Langdon	Sunapee
Cornish	Lempster	Unity
Croydon	Newport	Washington

When you Step Up To End Violence, you send a message that Sullivan County cares about helping survivors!



Walkers, rollers, runners and four-legged friends all raised money and awareness



Join us on May 8th for great food, raffles and the feeling of being part of a community-wide team working for peace and justice right here in Sullivan County!